THE PULSE

NEWS OF THE NEW ENGLAND DEACONESS HOSPITAL

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DR. LOUISA PAINE TINGLEY

On July 16, 1952 Dr. Louisa Paine Tingley died at her home in Boston. She was 83 years old and had been a specialist in ophthalmology for 51 years. She was the widow of Mr. Frank Foster Tingley, an architect and musician. She has maintained two offices and two homes — one at 416 Marlboro Street and the other in Providence, Rhode Island, her birthplace. She has commuted between these two cities in a White car, which was custom built for her in 1916 and which in 36 years has never needed a motor job.

Dr. Tingley was the first woman in Boston to obtain a license. She had a one-cylinder Cadillac at first. Some years later she had a White touring car built for her and has used a White ever since.

Until her death, Dr. Tingley continued her practice. She saw patients every day. As an ophthalmologist she had some very definite ideas — that tobacco and liquor affect the sight — that television is bad for the eyes — and that the parents of the 1950's are too lenient with their children.

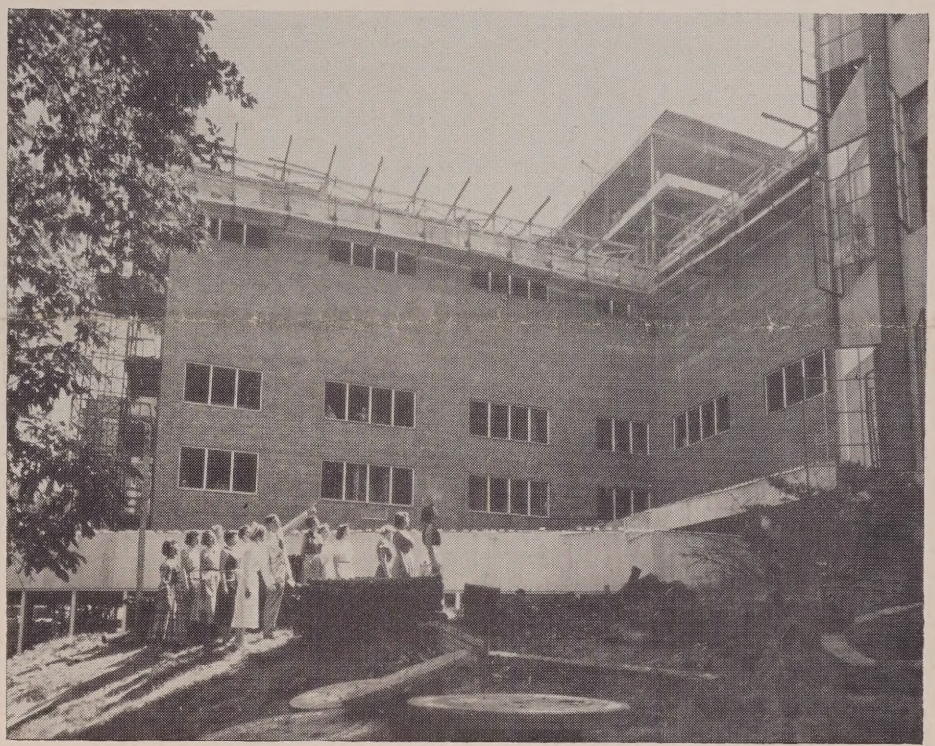
Last year Dr. Tingley was honored by the Massachusetts Medical Society on her golden anniversary as a member of that society. She was also a member of the Rhode Island and Providence medical Societies and the Society for the Advancement of Science. She was a fellow of the American College of Surgeons and on the staff of both the New England Deaconess and Massachusetts Women's Hospitals.

CONSTRUCTION NEWS

The weather man has been good to us for although the temperatures have been extremely high, the fair weather has permitted us to proceed without interruption with the exterior masonry and the closing in of the structure.

Interior work has also been speeded up. Partitions are in place from the basement to the fourth floor. Plastering, floors and terrazzo bases are being installed, and the mechanical trades are placing radiators, plumbing fixtures, and so forth. In general, the structure is beginning to look like a hospital with all of its special fittings instead of just a mass of steel, concrete and masonry.

At the present writing, January 1953 seems to be the month when we'll be able to move in and fully occupy our new building. LAURENCE J. PHILLIPS



DR. ALEXANDER MARBLE, Chairman of the Nursing School Committee, and Miss Ellen D. Howland, Assistant Director of the School, show the Riverway view of our new building to twelve of the prospective students of the September class who attended Preview Week, July 20-26, 1952.

HOSPITAL UNIT TRAINS

Colonel Alexander Marble again headed the delegation of 79 officers in the second annual summer session at the U. S. Army Hospital at Camp Edwards of the 9959th Organized Reserve Technical Unit of the Boston area.

The unit has been organized to augment the unit at the Camp Edwards Hospital in case of mobilization of troops. They have been together for two years and are all Army trained, many having previous service during World War II. It is understood that after the current training session the unit will be broken into a 1,000-bed hospital unit and a hospital center group.

While at Camp Edwards, the officers who comprise surgeons, physicians, dentists, nurses and medical administrative personnel will do actual work in the Army hospital.

Dr. Marble, of the Joslin Clinic, is a member of the New England Deaconess Hospital staff.

PREVIEW OF NURSING

The New England Deaconess Hospital's School of Nursing conducted its fifth "Preview of Nursing" two weeks ago for 47 girls from all parts of New England.

Twice a year students are admitted to the School of Nursing. The incoming class of September, 1952, was divided into two groups and invited to the School for a three-day session each from July 20 to 26. Applicants received a realistic first-hand introduction to the life of a student nurse two months before they are scheduled to report to their first class.

CREDIT UNION NEWS

Anyone who wishes to apply for a loan during the month of August must do so before August 15. Because of vacations, the Credit Committee will not be able to meet for the consideration of loans after that date.

DR. PRISCILLA WHITE

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A recent article by Frances Burns in the *Sunday Globe* about Dr. Priscilla White tells of her interesting work especially with diabetic mothers and children.

Dr. White has never seen the end of a play or gone through an evening with friends without an emergency call.

But Dr. Priscilla White probably has done more than anyone else to help diabetic women have live, normal babies.

"It's a bit frustrating sometimes not to know the end of a drama," she admitted with a faint smile as she paused in her laboratory at the Baker Diabetes Clinic at the New England Deaconess Hospital. "But there do seem to be so many emergencies in diabetes!"

The emergencies in themselves are evidence of a triumph of medicine over a deadly disease, doctors tell you. The 30-year-old story of the control of diabetes with insulin and all the side complications that have arisen for people who would not have been alive before is one of the most dramatic in science.

Dr. White has been in the story from the first. As a medical student at Tufts she was washing bottles in Dr. Elliott P. Joslin's laboratory in 1922 when the first insulin was delivered to him by hand by one of the young co-discoverers, Dr. Charles Best of Toronto.

"It was all very hush-hush then, and after all I was very unimportant," she remembers now. But since 1924 she has worked with Dr. Joslin, today 83-years-old and the world authority on diabetes, and for many years has been associated in practice with him and Dr. Howard F. Root, former president of the American Diabetes Association.

Before it was discovered that the insulin which the pancreas does not make in diabetics could be replaced by administration of insulin from animals no child with diabetes survived.

Now that there are many who have lived more than 15 years with the disease some who have not been careful in their control are developing damaged blood vessels of eye and kidney. Blindness results in some cases. Intensive instruction of diabetic youngsters is part of their program to avoid this, Dr. White points out.

Before 1922 diabetic women did not have live babies — and many of them died in the process.

"Between 1922 and 1930 we learned that it was possible for a diabetic woman to survive pregnancy," the woman physician commented. "But the fetal loss was one in two. We were satisfied then if the mother lived."

One in every 2500 children under 15 years old has diabetes. There are some 15,000 of them at any one time in the country, and 75,000 persons today who have, or have had, diabetes as children. Normally about one pregnant woman in every 1000 is diabetic, but 75 to 100 of them come to the diabetic unit at the Boston Lying-In every year.

The child diabetic no longer dies of coma, or of infection, as before 1940. But it is difficult for the 13 to 17-year-old to watch his insulin dosage and on the proper treatment in these years is likely to depend the injury later to eye and kidney. As a result several hundred boys and girls each summer are being taught proper care of their disease at Camps Clara Barton in Oxford and Elliott P. Joslin in Charlton.

Dr. White is Boston born. She grew up in Wollaston, was graduated from Quincy High School, Radcliffe, and Tufts College Medical School. Tiny, erect, her auburn brown hair in a short, natural curl, she makes her home with her mother on Bay State Road, but spends most of her working hours on the job. If she wants to get away from the telephone she has to go out of town. She admitted frankly that she doesn't cook, garden, or golf.

Then the tiny smile that flits in and out appeared. Dr. Joslin, the tall, spare, clear-eyed octogenarian who is known as a disciplinarian of self, patients, and associates, believes, she said, that "there is no virtue in living without working. When you teach at Harvard and Tufts, and see patients and work in the laboratory and write there isn't much room for anything else.

"But," she added, "it is quite possible to find relaxation in work. I do."

PICTURES FOR PATIENTS

Mr. W. E. Playfair, feature writer for *The Boston Sunday Herald* recently told his readers after an interview with Mrs. Elizabeth S. Bradford, Public Relations Director; Miss Virginia E. Ramsdell, her Associate; Miss Pamela A. Whitney, Director of Volunteers; and Mrs. Beryl B. Paine, Librarian; about the use at the New England Deaconess Hospital of art as well as medicine in the treatment of patients.

Recognizing the curative value of peace of mind and an active interest in life, the New England Deaconess has become the first among Boston's hospitals to introduce a "Pictures-for-Patients" program to avert boredom and monotony.

Now the patient may have a picture, or several pictures, of his own selection, hung on the walls of his hospital ward or room, and he can keep them as long as he pleases or have them changed every few days. It's all part of his treatment.

"This is not an attempt at art education," says Miss Pamela Whitney, director of the hospital's volunteer service, which is sponsoring the program. "The therapy of this service lies not in an art education but in a satisfied and interested patient. To this end we are using an infinite variety of subjects — since people have an infinite variety of tastes. Not all of the material is art in the highest sense. But the patient's desire of the moment is the ruling factor."

Inspiration for the Boston experiment comes from New York where the great Presbyterian Hospital has been carrying on a successful "Art-for-Patients" program for a year. Miss Whitney and her

group started work last September, and actually got the project rolling in March of this year. It has met with enthusiastic acceptance.

In the beginning friends of the hospital donated a number of pictures and some Boston art stores also contributed prints. The subject matter was varied, all the way from Currier and Ives to the Old Masters, taking in the best of the Moderns on the way. Once a portfolio had been built up, the library cart, which covers every floor in the hospital twice a week, became the distributing medium.

Mrs. Beryl B. Paine, the Librarian, explains the program to the patients, shows them the portfolio of pictures, and answers the many questions they ask as to the painter, the subject, and the like. Then, if the patient wants to have his selection hung, a regular library card is filled in and filed in the cart. Incidentally, the patient also picks out the spot where he wants the exhibit placed.

The pictures, Miss Whitney explains, should not be too large, 12 inches by 18 inches being a good size. They are encased in .003 clear acetate, which reduces the glare, and bordered with three-quarter inch black mystic tape. Masking tape, which does not mar the wallpaper in any way, is used for attaching the pictures to the wall.

Miss Whitney finds a tendency on the part of patients to choose pictures which remind them of familiar scenes.

"In the hospital," she says, "many of them are lonely and perhaps afraid." So they find relief in a house, a farm scene, or some composition that seems homelike to them. There was, for example, the man who selected a landscape because it looked like a place near his New Hampshire home.

"Simarily, people who have children of their own are eager to have pictures with children in them. In fact, some of these well-liked pictures have disappeared from the hospital with the patient.

"One man who was looking over our portfolio chose a Goya print because he had one just like it in his living-room at home. 'Just wait until my wife comes in and sees this,' he said."

Miss Whitney believes a patient gets more good out of the type of picture which is filled with detail. It takes a lot of time to master all that detail, and time is something that the hospital patient has nothing but.

As the service grows — it has been growing steadily both in size of picture portfolio and patient interest — the time must come when it will have to be divorced from the library cart, Miss Whitney believes.

"One reason for this," she says, "is that the patient, who selects a book fairly quickly, likes to spend a lot of time making up his mind about a picture. He wants to talk about it, and learn about it. It's something he plans to live with for a while, so he's going to be careful."

"This has given our library service a great stimulus," Mrs. Paine reports. "It has given the patients something new to think about. Some are not allowed to read and their days are long and drab. Pictures are the answer."

And this form of treatment, Miss Whitney emphasizes, comes for free.

STUDENTS CAPPED

The New England Deaconess Hospital's School of Nursing presented caps to thirty student nurses from all parts of New England at its traditional candlelight ceremony on Friday evening, July 18, in the Elliott P. Joslin Auditorium of the hospital's Cancer Research Institute.

Families and friends of the capped students of the Class of 1955 heard Dr. Warren F. Cook, Executive Director of the Deaconess, deliver the principal address. The Rev. Rudolph Samuelson, the hospital's Chaplain, gave the Invocation and Miss Olive Nelson, Director of Nursing, presented caps to the following:

Ruth M. Allen
159 Laureston St., Brockton
Nancy R. Axtell
233 Park Ave., Bridgewater
Rita M. Banfield
28½ Warner St., Gloucester
Roberta O. Blomgren
415 Burncoat St., Worcester
Sally D. Cianchette
120 Main St., Pittsfield
Barbara A. Clark
50 Inman St., Hopedale
Dorris E. Denham
Wood River Junction, R.I.
Ernestine G. Edwards
253 Park St., Dorchester
Heidi Gould
14 Church St., Bradford, R. I.
Barbara A. Gregory
179 Pullen Ave., Pawtucket, R. I.
Judith Hawkes
49 Morgan St., Melrose
Barbara E. Haworth
312 Church St., Whitinsville
Nancy Hilton
27 Great Woods Rd., Lynn
Barbara E. Johnson
1512 Eastern Ave., Malden
Anne M. Legge
1108 Main St., Walpole
Nancy A. Nelson
170 Bartlett St., Portsmouth, N. H.
Joan Ollerhead
124 Auburn St., Auburn
Anne Olsen
292 Summer St., Weymouth
Adrienne Pellegrini
36 Cato Ave., Pawtucket, R. I.
Shirley E. Perkins
Quaker St., Millville
Joan Price
RFD 1, Fairfield, Maine
Alice J. Ricker
12 Jackson Rd., Augusta, Maine
Barbara R. Ross
13 Greeley St., Pittsfield, Maine
Jeanette Russell
7 Laurel St., Greenwood
Carrolla Sargent
122 George St., Manchester, N. H.
Barbara Smith
78 Pierce Ave., Hanson
Ann Sparrell
8 Pierce St., Wickford, R. I.
Gloria Thomas
9 Lapham St., Rochester, N. Y.
Patricia M. Tinkham
7 Peltoma Ave., Pittsfield, Maine
Constance E. Wetzell
59 Bouve Ave., Brockton

AMONG those who received their caps on July 18, 1952 were — front row, left to right: Ernestine Edwards, Dorchester, Adrienne Pellegrini, Pawtucket, Rhode Island, Nancy Hilton, Lynn; back row, left to right: Constance Wetzell, Brockton, Joan Ollerhead, Auburn, and Ruth M. Allen, Brockton.

ALUMNAE NEWS

Miss Edith Ann Carvalho, '52 Sr., has accepted a position at the Brockton Hospital, Brockton, which is her home.

Mrs. Winifred W. Nagle has been appointed the first resident nurse at Clark University, Worcester.

Births

A daughter, Linda Gale, to Mr. and Mrs. Pasquale A. Arrigo on July 5, 1952. Mr. Arrigo is employed as a Pharmacist.

Engagements

Miss Ruth Ewing, '46 Jr., to Mr. Robert V. Coleman of South Weymouth. Mr. Coleman was graduated from Massachusetts Institute of Technology, received his master's degree from Columbia University, and is a veteran of World War II and the Korean War. A September 27, 1952 wedding is planned.

Miss Christine A. Gallerani, '51 Jr., to Mr. Hurlbert E. Bailey.

Miss Elinor Lois Hopkins, '50 Jr., to Mr. Donald Owen Pollock, who is a graduate of Hamilton College and is now a student at Harvard Medical School.

Miss Ruth Mildred Krauklis, '49 Jr., to Ensign Irving Madison Rodgers, who is now on duty with the Navy in the North Atlantic. Ensign Rodgers is a graduate of the University of Texas. A September wedding is planned.

Miss Mabel Leland, '50 Sr., to Mr. John Grant, son of Mr. Alexander G. Grant and the late Mrs. Grant. Miss Leland is now on the staff of the Fairmont General Hospital, Fairmont, West Virginia. Mr. Grant, a graduate of Harvard University, is manager of the Upper Monongahela Valley Associates, a regional development organization. The wedding will take place on October 11, 1952 at the East Bridgewater Methodist Church.

Miss Nancy Lindgren, '52 Sr., to Mr. Frederick J. Wills of Waltham. A late fall wedding is planned.

Miss Joan Marie Silva, '53 Sr., to A/1c Richard Grainger Kenney, USAF. Miss Silva will complete her training next January.

Miss Arlene M. Street, Head Nurse in Surgery, to Mr. John J. Quinn of Pharmacy. No date has been set yet for the wedding.

Miss Ethel Jean Smith, Assistant Therapeutic Dietitian to Mr. Francis H. Lavelle. Mr. Lavelle has received both his bachelor's and master's degrees in civil engineering from Yale Universitly, where he is an instructor.

Miss Dorothy Tumblin, '48 Sr., Head Nurse in Surgery, to Mr. F. Richard Convey, who is a graduate of Boston University and is president and treasurer of The Frank P. Convey Company, employment specialists in Boston.

Marriages

Miss Margaret Barton Farr, '52 Sr., to Mr. Winthrop Curtis Ray on July 5, 1952 at the Charlton City Methodist Church. Mr. and Mrs. Ray will live in Michigan while Mr. Ray finishes his final year at Michigan State College.

Miss Florence A. Munson, former secretary in Pathology to Mr. Richard G. Williamson on July 19, 1952 at the Church of St. Mary the Virgin (Episcopal), Falmouth Foreside, Maine. Mr. Williamson is with the First National Granite Bank of Augusta, Maine, where he and his wife will live.

Miss Anne Frances Richards, former Clinical Supervisor, to Mr. George Christopher Griffin, Jr., on June 14, 1952 in St. Mary's Church, Orange. Mr. Griffin was graduated in June from the Boston College Graduate School of Social Work. He and his wife will live near Bridgeport, Connecticut, where he will be connected with the Veteran's Administration.

Miss Ethel Alice Rogers, Class of 1935, to Mr. John Alden Turner on July 12, 1952 at the Padanaram Congregational Church, South Dartmouth. Mr. Turner is a graduate of Northeastern University and is assistant treasurer of the Continental Screw Company. Until their new home on Sunset Lane, South Dartmouth is completed, Mr. and Mrs. Turner will live at 252 Brownell Street, South Dartmouth.

Second Lieutenant Louise G. Rouillard, '48 Jr., to Sgt. Louis F. Moore on May 23, 1952 at the Madison Street Methodist Church, Charlesville, Tennessee. The Moores are stationed at Fort Campbell, Kentucky.

Miss Shirley Louise Sherman, former X-Ray Technician, to Dr. Vincent A. DeLuca, Jr., on June 21, 1952 at the Holy Trinity Church in Pomfret, Connecticut. Dr. and Mrs. DeLuca will live on Long Island.

Miss Virginia Wannberg, former X-Ray technician, to Mr. Henry F. Williams, a graduate of Dartmouth College, on July 29, 1952. Mr. Williams is a salesman for the McCoy Lumber Co., Worcester. Mr. and Mrs. Williams will live in Jamestown, New York.

Miss Joyce E. Weller, class of 1934, to Mr. Elmer E. Libby on May 24, 1952 at Pinewold, Millers Falls. Mr. and Mrs. Libby will live at Wildrose Farm, Andover.

Deaths

Mr. Sam H. T. Emery on July 12, 1952, a trustee of the New England Deaconess Hospital. Mr. Emery was a partner in the firm of Gilmour, Rothery and Company and had been in the insurance business for over 65 years.

Mrs. Mollie B. Kenton on July 7, 1952, mother of Dr. Harold B. Kenton.

SCHOLARSHIP

Miss Nancy Welford of Haverhill has won a scholarship to the New England Deaconess Hospital's School of Nursing. Miss Welford will begin her training in September.

BLUE CROSS NEWS

A new regulation has just been made that every Blue Cross-Blue Shield group shall have only one reopening date each year. The next reopening date for the New England Deaconess Hospital is April 1, 1953. At this time, and not before, employees may join the group, or, those who are already members, may increase their protection or otherwise change their membership.

Also, you will notice from your check that the cost of the Blue Cross-Blue Shield plans have increased. For those of you who have been employed at least 3 months the additional quarterly cost to you is as follows:

BLUE CROSS ONLY	
Individual	7 cents
Family	45 cents
BLUE CROSS-BLUE SHIELD	
Individual	7 cents
Family	83 cents

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